



2024 Adult Advisor Award Information

Matchstick Consulting and the Oregon Health Authority are proud to announce the 2024 Sources Adult Advisor Award nomination process. The purpose of the award is to celebrate and elevate adults who uplift students and young people working to build a community of strength by increasing connections, being agents of positive change, and spreading hope, help and strength either through Sources of Strength programming **or** other youth-led initiatives focusing on suicide prevention and/or mental health promotion. Up to 10 awards will be given. Award winners will receive a plaque and prizes in recognition of their time, energy and passion.

Who is eligible for the Adult Advisor Award?

Eligibility criteria includes:

- Be located in and work completed in Oregon
- Be a current Sources of Strength Adult Advisor **or** an adult helping to support a youth-led initiative centered on upstream suicide prevention and/or mental health promotion.

Can previous award winners be nominated again?

Previous award winners **cannot** win a second time. But please consider nominating a colleague.

What is the deadline to apply? When will winners be notified?

The nomination form will open March 18th, 2024 and will close at 5pm April 22nd, 2024. Nominees will be notified of selection in early May and awards will be given during the Sources Showcase on May 23rd, 2024.

What are nominees being scored on?

The selection committee is made up of Matchstick Consulting team members and community partners. The selection committee will score the entries based on how strongly their efforts in upstream suicide prevention and/or mental health promotion **embody one or more** of the following components:

- ★ **Agents of change:** Show us how the candidate used their power to advance belonging, connection, and equity in their school or community. How has the candidate worked alongside a team of young people to create positive change in their school or community?
- ★ **Connector to help:** Show us how the candidate has elevated where to get help in their community. How has the candidate normalized help-seeking and worked to break down stigma and codes of silence so often felt when seeking mental health support? Show us how the candidate connected young people or a team to achieve their mission.
- ★ **Rooted in Hope, Help, and Strength:** Tell us how the candidate embodies strengths-based and inclusive practices when working with students or young people. How has the candidate modeled growth in their own individual strengths and created a space for young people to grow in their individual and collective strengths?

Who can nominate an adult advisor?

Any young person or colleague may nominate an adult for the award.

What is the application process?

Nominations are submitted via online [Google form](#) or emailing a handwritten [PDF form](#) to julian@matchstickpdx.com. Both forms can be accessed on our website: <https://matchstickpdx.com/sources-showcase>.

In addition to completing the questions asked in the online Google form, applicants are asked to submit a video (**optional**/about 1 minute) describing how the nominee's contributions have positively shifted school culture. Videos must be submitted to julian@matchstickpdx.com. Videos can also be submitted via google form application.

Submissions will be judged on content and not the "production quality" of videos. The videos are meant to complement the written application, not create a barrier for nominations. Applicants may also include photos, images or any other information to tell the story of their efforts.

If recording and sending a video is a challenge, please reach out to Julian and our team will help develop a plan to record your submission via Zoom or another mechanism.

How is “suicide prevention and mental health promotion” being defined?

We paint suicide prevention and mental health promotion initiatives with a broad brush. The applicants will be scored on how closely their efforts fit within the Selection Criteria listed above.

Who do I contact for questions about this?

If you have any questions about the nomination process, please reach out to Julian at julian@matchstickpdx.com.