



## **2024 Team Award Information**

Matchstick Consulting and the Oregon Health Authority are proud to announce the 2024 Sources Team Award nomination process. The purpose of the award is to celebrate and elevate young people working as a team to build a community of strength by increasing connections, being agents of positive change, and spreading hope, help and strength either through Sources of Strength programming or other youth-led initiatives focusing on suicide prevention or mental health promotion. We will be awarding up to 10 teams, with each receiving a \$1,000 award, that can be used to support their work.

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### **Who is eligible for the Team Award?**

Eligible teams must:

- Be located and work completed in Oregon
- Be involved in Sources of Strength programming or another youth-driven organization, group of community-learners, or initiative focused on upstream and strengths-based suicide prevention or mental health promotion.

### **Can previous award winners be nominated again?**

**Yes**, previous award winners can win a second time. Our team will take this into consideration as there are first year nominated teams, previously nominated teams, and previous winners in the mix of our applications.

### **What is the deadline to apply? When will winners be notified?**

The nomination form will open March 18th, 2024 and will close at 5pm April 22nd, 2024. Nominees will be notified of selection in early May and awards will be given during the Sources Showcase on May 23rd, 2024.

## What are nominees being scored on?

The selection committee is made up of Matchstick Consulting team members and community partners. The selection committee will score the entries based on how strongly their efforts in upstream suicide prevention and/or mental health promotion **embody one or more** of the following components:

- ★ **Agents of change:** Show us how the team used their voice, art, words, music, time to advance belonging, connection, and equity in their school or community.
- ★ **Connector to help:** Show us how the team has elevated where to get help in their community. How has the team normalized help-seeking and worked to break down stigma and codes of silence so often felt when seeking mental health support.
- ★ **Rooted in Hope, Help, and Strength:** Tell us how the team embodies strengths-based and inclusive practices. How have members grown in their individual and collective strengths? Show how the team spreads messages that are hopeful, show where and how to get help, and/or elevate individual and community strengths.

## Who can nominate a team?

A team may submit an application themselves or be nominated by a supporting adult, school staff, or community member.

## What is the application process?

Nominations are submitted via online [Google form](#) or emailing a handwritten [PDF form](#) to [julian@matchstickpdx.com](mailto:julian@matchstickpdx.com). Both forms can be accessed on our website <https://matchstickpdx.com/sources-showcase>.

In addition to completing the questions asked in the online Google form, applicants are asked to submit a video (**optional**/about 1 minute) describing how the nominee embodies one or more of the components in the Selection Criteria. Videos must be submitted to [julian@matchstickpdx.com](mailto:julian@matchstickpdx.com). Videos can also be submitted via google form application.

Submissions will be evaluated on content and not the “production quality” of videos. The videos are meant to complement the written application, not create a barrier for nominations. Applicants may also include photos, images or any other information to tell the story of their efforts.

If recording and sending a video is a challenge, please reach out to Julian and our team will help develop a plan to record your submission via Zoom or another mechanism.

**Does our team have to be connected to a school?**

No. As long as your team is engaged in youth-led and youth-driven activities that promote mental health and suicide prevention, you are eligible!

**How is “suicide prevention and mental health promotion” being defined?**

We paint suicide prevention and mental health promotion initiatives with a broad brush. The applicants will be scored on how closely their efforts fit within the Selection Criteria listed above.

**Are there any requirements for how the prize must be used?**

The financial award must be used to support the team’s continued efforts.

**Who do I contact for questions about this?**

If you have any questions about the nomination process, please reach out to Julian at [julian@matchstickpdx.com](mailto:julian@matchstickpdx.com).